

Integrated Therapy Center

presents New Jersey's first

Center for Preserving Relationships

“Breathe Life Back into Your Marriage”

Reasons for Attending:

- Communication Breakdown
- Frequent Fighting
- Absence of Intimacy/ Affection
- Lack of Sex
- Parenting Differences
- Financial Stressors
- Family Conflicts
- Inability to be Partners
- Trouble Compromising
- Feeling all Alone
- Re-marriage complications

Program:

Level I: Couples Classes (6 weeks)

Week 1 Communicating Effectively	Week 2 Fair Fighting	Week 3 Negotiation & Compromise
Week 4 Valuing Differences <i>(Don't change me, love me)</i>	Week 5 Getting Needs Met	Week 6 Creating Intimacy <i>(Healing Old Hurts)</i>

Level II: Putting Learning into Action: Demonstration, Practice & Homework

Level III: Individual- Couples, & Group-Couples Therapy

Participation:

Contact: Jared Scherz, M.Ed., LPC
JScherz@itc-home.com
856.787.7150 ext 222

www.itc-home.com